

Book: Sometimes I Feel Like a Fox By Danielle Daniel 4-7 years old

Introducing the book:



Exploring the Cover

Look at the cover.

- What is the child doing?
- What animal is the mask?
- Ask children if they ever felt like an animal. Which one?
- Why do you think the child is wearing a fox mask? If you were a fox, how would feel and act?

Building Background

Tell children this book is written by a Métis author who lives in Sudbury, Ontario, which is the traditional territory of the Atikameksheng Anishnaabeg. Explain to children the word TOTEM and what it represents.

Reading the book:

The book highlights personality and character: how children relate to these animals based off their character traits.

- Show children each image/animal before reading what is on the page.
- Ask children what animal it is and what characteristics they would attribute to the animal.
- Then, read the page and ask children if they agree with the description and if they feel the same way sometimes.

After Reading the book:

Acting out:

Have each child pick a favorite animal, bird, reptile, or insect – ONE that they might even like to be.

Ask them to make their bodies look like that animal (curled up like a cat, friendly like a dog, jumping up like a goat, flying like a squirrel) and to freeze in that position.

Ask each child to think about how the creature might be feeling in that position (powerful, light as a feather, soft and quiet, excited).

What can you learn from the animal you have chosen? What are the animals' qualities that can show you how to be a better person (patience, loyalty, being a friend, showing you care or like someone)?

Create a book:

Create a book with children titled: Sometimes I Feel Like ...

Children draw on a paper their favorite animal, and in one sentence (they can get the help of an educator/ caregiver to write), they describe how they feel.

Ex: Sometimes, I feel like a tiger. Strong and smart.

Put all the drawings together and make a class book.