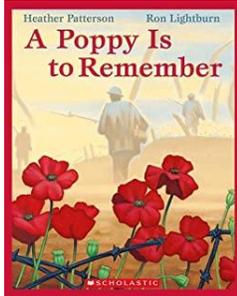


**Book: A Poppy is to Remember by Heather Patterson 5-8 years old**

*Introducing the book:*



**Exploring the Cover**

Look at the cover.

- Ask the children if they know what a poppy is.
- Ask them to identify the people on the cover. Who are these people? Are they soldiers?
- Why is there barbed wire around the poppies?
- Read the title and ask the children what they think we want to remember.

**Building Background**

Explain to children that in November we celebrate Remembrance Day. In this book, we will find out why we use the poppy as a symbol of remembrance and what it stands for.

*Reading the book:*

- Before reading each page, show the children the pictures and ask them what they think is happening. After listening to their answers, read the text.
- Before reading the poem, explain to the children what a poem is. Tell them that the way a poem is written is a little different from the way a text is written. \*This poem may be a little difficult for younger children to follow. In this case, you may choose to read it and pause, explaining each complicated word, or you may decide to focus on the poem at another time.

*After Reading the book:*

**Plant Poppy Seeds:**

- Materials: plastic cups, potting soil, poppy seeds, Sharpie pen
- Give each child a plastic cup and write individual names on them with Sharpie.
- Fill each cup approximately 2/3 of the way with potting soil.
- Give each child poppy seeds to plant.
- Have children plant their seeds in the soil. Encourage them to cover them with soil, but not bury them too deep.
- Help children water their seeds and place each cup somewhere in the room where it can be observed as it grows over the next days and weeks.
- Once seeds have sprouted, send the plants home so that children can replant and grow their own poppies.

**Poppy Craft:**

- Materials: blue construction paper, white coffee filters, crayons or markers, glue, something to create a black center to a poppy flower (black buttons, raisins, black beans, or something of the sort)
- Give each child a piece of blue construction paper on which to create their poppy craft.
- Give each child a coffee filter and something to color with.
- Have children color their coffee filters red (the color of the poppy).
- Next, have children crinkle their coffee filters and then fashion them in such a way that they look like a poppy.
- Have children glue their poppies to their blue construction paper.
- Now, give children something to create the black center to their poppies.
- Finally, have children use crayons or markers to draw in a stem and anything else they would like to add to make their poppy picture complete.