

BOOK OF THE MONTH:

Where the Wild Things Are

by Maurice Sendak

Ages 3-7

1. Introducing the book:



Exploring the Cover

Invite the children to describe what they see on the cover. Who is the creature sitting under the trees? What kind of expression does their face have? Does this creature seem to be friendly or scary?

Building Background

Start a conversation with the children about feelings and emotions. Are there days when we don't act our best and don't feel our best? What are the things we can do to deal with those emotions?

2. Reading the book:

As you read the story, ask the following questions:

-How does Max feel at the beginning of the story?

-What did Max do when he arrived to where the wild things are? Did it help him express his emotions?

-At the end of the story, what does Max decide to do? Did Max's feelings change? Why?

3. After reading the book:



Monster Mask Craft

Materials:

- Paper plates
- Scissors
- Elastic string
- Glue
- Paint
- Feathers, googly eyes, pipe cleaners etc. for decoration

Make two small holes at the opposite sides of the paper plate. Pull the elastic string through both holes and secure it with knots. If you wish, you can cut out holes for eyes or mouth. Let the children paint and decorate their monster masks with various materials of their choice.



Wild Rumpus

Invite the children to partake in the Wild Rumpus. Play some music and dance a crazy monster dance. But when the music stops, the children must freeze! Whoever can't hold their pose before the music starts is out. The winner of the game is the king of all wild things!



Map of Emotions

Create a Map of Emotions for the children to use to help express and regulate their emotions. You can print a free template or create your own. Let the child be the one indicating their emotion of the moment with an arrow or a detachable piece.

References and resources

- 9 Printable Feelings Chart Examples for Kids
<https://www.happierhuman.com/feelings-charts-kids/>
- Monster Mask
<https://www.pinterest.ca/pin/20547742029398254/>

Legend



Cognitive



Socio-emotional



Language



Physical