

BOOK OF THE MONTH:

Cinderstella

by Brenda Miles, Susan Sweet, Nadia Gagnier

Ages 4-8

1. Introducing the book:



Exploring the Cover

Ask the children to describe the girl they see on the cover. What is she wearing? What is her name? Can she be Cinderstella, the book is named after? What color is the sky? Is it day or night? How else can we tell that we are looking at the night sky?

Building Background

Ask the children if they know the story of Cinderella. Can they remember how the story goes? Do they think the story of Cinderstella is going to be different? What would be different in Cinderstella's story, how do they think?

2. Reading the book:

As you read the book, talk to the children about dreams.

-What does Cinderstella dream about?

-What do Cinderstella's step-sisters dream about?

Talk about how everyone's dreams are different but are equally important.

Explain how when people share dreams and work together to help each other, they can become friends - like Cinderstella and her sisters, who weren't very nice to her at the beginning of the story.

3. After reading the book:



Galaxy Oobleck

Materials:

- 1 1/2 Cups Corn Starch
- 1 Cup Water
- Food Coloring
- Optional: Glitter, sequins
- Bowl/container



Invite the children to make oobleck (non-Newtonian liquid) that looks like a piece of a starry sky. Put cornstarch in a bowl. Add food coloring to the water and stir. Slowly add water to the cornstarch while stirring. It might be hard to mix at first. When mixed properly, oobleck is hard when you punch or squeeze it and runs between your fingers when you hold it in your hand. If it is too runny, add more cornstarch; if too hard, add more water. When done mixing, add any special items like glitter or star-shaped glitter. You can also add more food coloring to deepen the color.



Little Astronomer

Materials:

- Toilet paper roll/Paper towel roll
- Paint/markers/crayons
- Stickers/glitter etc.

Make a telescope together by decorating a toilet paper/paper towel carton roll you like. Paint it, and add stars or stickers. For a week (or as long as you like), look out for the moon in the evening sky through the telescope and mark your observations on a moon observation printable.

References and resources

- [Moon Observation Printable - Engage Families with a Moon Observation Printable for Preschoolers \(thingstoshareandremember.com\)](https://www.thingstoshareandremember.com)
- Oobleck recipe - Pre-K Pages

Legend



Cognitive



Socio-emotional



Language



Physical