

# BOOKS OF THE MONTH:

## My Face Book by Star Bright Books

Ages: 0-18 months



## Carry ME by Star Bright Books

Ages: 1-3 years



### 1. Introducing the books: Building Background

Reading a book to your children helps you bond with them and gives them a sense of intimacy and well-being. With babies specifically, although they may not understand what you're saying when you read to them, reading aloud provides invaluable nurturing and reassurance. Very young babies love hearing familiar voices, and reading is the perfect outlet for creating this connection.

### 2. Reading the books:

- As you show the pictures to your baby, read the pages aloud.
- Name the emotions and make the expressions looking at the child. They might want to imitate the emotions as well. You can make comments such as: When you are hungry or upset, you cry like this; when you are happy to see mommy, you smile like that, etc.
- This interaction is vital to introduce new words and vocabulary to the children.
- When showing the pictures of how babies are carried worldwide, describe to your child what you see. Point to the babies and ask: Who is that? What is the baby doing? Who is carrying the baby? Compare this to the way you carry your baby.

### 3. After reading the books: Creating a picture book



- Children build relationships and self-identity



- Children practice memory and recognition



Materials:

- Paper and printer
- Pictures and photos of your child, family etc.
- Glue
- Scissors

Make your own family picture book for the enjoyment of your little ones. Print photos of your child, family, friends, pets, teachers and things your baby loves. Assemble them as a book. It can be laminated or not and made from a variety of materials. Let your creativity shine! Once the book is ready, engage your child in looking at the pictures and interacting with the book.

### References and resources

- [Laminated Baby Book Idea](#)
- [Fabric Baby Book Idea](#)

#### Legend



Cognitive



Socio-emotional



Language



Physical